

Subject: About the IULS Master's Degree and Professional Practice Opportunities



Business, Consumer Affairs and Housing Agency, Gavin Newsom, Governor
DEPARTMENT OF CONSUMER AFFAIRS - BUREAU FOR PRIVATE POSTSECONDARY EDUCATION
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Approved Educational Program List

In accordance with the provisions of California Education Code 94866 or 94890, the Bureau for Private Postsecondary Education approves:

International Holistic Life Sciences Institute, Inc. DBA International University of Life Sciences

600 N Mountain Ave, Suite A106
Upland, CA 91786

School Code#: 20260722143
Site Type: Main

to offer the following program(s)/course(s):

Program Name	Length of Instruction	Credits	Program Approved	Program Type	Program Delivery
Master of Science in Complementary and Integrative Health (online) (provisional)		40 Semester	7/22/2026	Degree	Distance Education - Asynchronous

The program list above represents all currently approved educational programs for this institution. The Main, Branch or Satellite locations of this institution may offer any subset of this list.

Dear Prospective Student,

Thank you for your interest in the **Master of Science in Complementary and Integrative Health** offered by the International University of Life Sciences, IULS.

You asked an important question:

“After completing this health-related master’s degree, what certificate or license will I receive that allows me to practice professionally?”

We would like to answer this clearly and transparently.

The IULS Master of Science in Complementary and Integrative Health is an **academic, non-clinical, and non-licensure graduate degree program**.

Upon successful completion, students receive the **Master of Science in Complementary and Integrative Health degree** from IULS. However, the degree itself does **not automatically provide a professional license to practice medicine, acupuncture, nursing, dietetics, psychotherapy, counseling, or another regulated healthcare profession**.

In other words, this is not a program in which graduation by itself authorizes a student to open a clinical practice, diagnose disease, prescribe medication, or perform services legally reserved for licensed healthcare professionals.

What, then, is the value of the degree?

The program is designed to provide a broad and interdisciplinary graduate education in areas such as:

- complementary and integrative health;
- molecular and cellular biology;
- Traditional Chinese and East Asian medicine concepts;
- acupuncture and Asian bodywork theory;
- nutrition and food therapy;
- herbal and natural-health knowledge;
- mind-body approaches;
- psychology and behavioral-health foundations;
- artificial intelligence in health;
- digital health and emerging healthcare technologies.

The program consists of **40 semester units, 10 graduate courses, approximately 1,800 hours of learning, and is delivered 100% online**.

The program can be particularly valuable for several types of students.

1. Students who already hold a professional healthcare license

For licensed or credentialed professionals such as acupuncturists, physicians, nurses, pharmacists, mental-health professionals, nutrition-related professionals, and other healthcare practitioners, the degree can serve as an **academic and professional enhancement**.

It may help you:

- advance your academic qualifications;
- broaden your understanding of integrative health;
- develop knowledge of digital health and artificial intelligence;
- strengthen research and evidence-appraisal skills;
- improve health-education and program-development capabilities;
- and prepare for future leadership, education, research, technology, or aging-services roles.

For these students, the degree complements an existing professional credential rather than replacing it.

2. Students who do not currently hold a clinical license

The degree may also support career development in many **non-licensed professional areas**, depending on the employer and jurisdiction.

Examples may include:

- health and wellness program coordination;
- health education;
- community-health programming;
- healthcare administration;
- aging and eldercare program coordination;
- care-navigation support;
- digital-health programs;
- AI-enabled health technology;
- health-technology training;

- wellness organizations;
- research support;
- education and training;
- and non-clinical health-program development.

Requirements vary by employer, state, and country, so students should always verify the qualifications required for a specific occupation.

3. Students interested in further graduate study, research, or education

The master's degree may also provide graduate-level preparation for students interested in further academic study, research, education, or related professional development.

Admission or transfer into another institution is always determined by the receiving institution according to its own policies.

More than a traditional health degree

IULS is developing the program around an emerging interdisciplinary direction:

Integrative Health + Longevity + Eldercare + Digital Health + Responsible AI

Healthcare is increasingly being shaped not only by disease treatment, but also by population aging, chronic conditions, caregiver shortages, digital health, artificial intelligence, robotics, remote support, health information, and cross-cultural communication.

Our goal is therefore to help students develop the ability to:

- evaluate health information critically;
- understand both traditional health systems and modern scientific evidence;
- apply evidence-informed reasoning;
- use AI and digital-health technologies responsibly;
- design health, wellness, or aging-related programs;
- communicate across disciplines and cultures;
- and participate in future health-related industries while remaining within appropriate professional and legal boundaries.

A final clarification regarding licensure

If your primary goal is to obtain a specific professional license—for example, an acupuncture license, medical license, nursing license, registered dietitian credential, psychology license, or counseling license—you should consult the appropriate licensing authority in the state or country where you intend to practice.

The IULS MSCIH degree does not replace the education, supervised experience, examination, or other requirements established by those licensing authorities.

However, if your goal is to:

- advance an existing healthcare career;
- enter the broader health and wellness sector;
- work in health education or program administration;
- develop expertise in digital health or AI;
- participate in aging and eldercare services;
- pursue research or education;
- or prepare for further academic study,

the MSCIH program may provide a distinctive and forward-looking graduate education.

IULS is not simply offering a “quick certificate to practice.” Our goal is to help students build **broader knowledge, stronger professional judgment, graduate-level credentials, and interdisciplinary capabilities that can remain valuable as healthcare continues to change.**

If you would like, please share your current educational background, professional experience, and career goals with us. We would be happy to help you evaluate whether the MSCIH program is a good fit and which career pathways may be most relevant to your background.

Sincerely,

International University of Life Sciences

Master of Science in Complementary and Integrative Health