

GRADUATE ONLINE DEGREE PROGRAM

Master of Science in Complementary and Integrative Health

Where biomedical science, traditional health systems, mind-body inquiry, and responsible technology meet.

BPPE-APPROVED INSTITUTION

Approval effective July 22, 2026

Institution Code 20260722143

OUR MISSION

To elevate life to its fullest potential through integral and holistic scientific approaches.

10

GRADUATE COURSES

40

SEMESTER UNITS

1,800

LEARNING HOURS

100%

ONLINE

Flexible asynchronous study | Optional virtual office hours | Designed for adult and international learners

Approved degree: Master of Science in Complementary and Integrative Health (online) (provisional).

IULS is not institutionally accredited. State approval is not accreditation or BPPE endorsement.

CURRICULUM

Science. Tradition. Innovation.

Ten 4-unit courses | 40 semester units

CIH 510

Theories and Foundations of Complementary and Integrative Health

Historical and cultural foundations, evidence, communication, and interdisciplinary integration.

CIH 560

Nutritional Therapeutics: Oriental Medicine Nutrition and Food Therapy

Classical Chinese dietetics, modern nutrition, food properties, processing, and responsible interpretation.

CIH 520

Advanced Molecular Cell Biology Principles and Techniques

Cell structure, genetics, signaling, biotechnology, toxicology, and bioethics.

CIH 610

Healing Energy Medicine: Mind-Body Techniques

Meditation, music, qigong, acupuncture, energy-based traditions, and evidence quality.

CIH 530

Theory of Acupuncture and Asian Bodywork, and Their Modalities

Meridians, points, moxibustion, Tui Na theory, traditional applications, evidence, and safety.

CIH 620

Artificial Intelligence Applications in Complementary and Integrative Health

Machine learning, NLP, multimodal data, wearables, fairness, transparency, safety, and governance.

CIH 540

Theory and Applications of Homeopathy

History, principles, case-taking frameworks, safety, documented claims, and evidence limitations.

CIH 630

Clinical Psychology

Psychological disorders, biopsychosocial perspectives, psychotherapy, assessment, ethics, research, and responsible AI.

CIH 550

Comprehensive Oriental Medicine Diagnosis and Skills

Theoretical TCM inspection, listening/smelling, inquiry, palpation, pulse, and pattern differentiation.

CIH 640

Integrative Herbal Therapeutics Strategies and Materia Medica

Plant identification, constituents, traditional uses, research, toxicology, and herb-drug interactions.

ACADEMIC SCOPE

Courses are theoretical, academic, and non-clinical.

They do not authorize diagnosis, treatment, prescription, psychotherapy, acupuncture, or other licensed services.

THE IULS ONLINE EXPERIENCE

Graduate study designed around your life.

Structured, interactive, accessible, and focused on measurable learning without fixed-time attendance.

Moodle Learning Hub

Syllabi, readings, recorded instruction, transcripts, videos, discussions, assignments, quizzes, journals, and grade tracking.

Faculty Presence and Feedback

Announcements, guided discussions, substantive responses, individualized feedback, progress monitoring, and optional BigBlueButton sessions.

Interactive and Applied Learning

H5P activities, knowledge checks, problem-based assignments, reflective journals, papers, projects, and culminating work.

Library, Accessibility, and Support

Online research and information-retrieval support, technology help, mobile access, accessibility resources, and accommodation coordination.

Responsible AI Support

AI-supported navigation and general assistance, with faculty remaining the authoritative source for instruction, grading, and evaluation.

Evidence and Ethics

Critical appraisal of evidence, limitations, safety, professional boundaries, and responsible health communication.

What you will learn to do

- Evaluate evidence, limitations, safety, and ethical implications across health traditions.
- Compare biomedical, complementary, integrative, cultural, and technological perspectives.
- Synthesize scientific knowledge with responsible, evidence-informed holistic inquiry.
- Communicate across disciplines and contribute to research, education, administration, and community contexts.

Admissions snapshot

- Bachelor's degree or equivalent from an accredited institution
- Minimum undergraduate GPA of 2.5, unless an approved exception applies
- Official transcripts and required documentation
- English-language proficiency under institutional policy
- Two noncredit prerequisites: Online Learning Strategy and Academic Writing & Research Ethics

Who may benefit

Educators, healthcare administrators, researchers, wellness-program leaders, digital-health professionals, and graduates seeking a rigorous academic understanding of complementary and integrative health.

Explore the program

Current catalog, admissions, charges, policies, and disclosures:

lifesci.education



Program information is summarized here. The current catalog and enrollment agreement control official requirements and charges.

APPROVAL AND ACCREDITATION DISCLOSURES

Clear information for prospective degree students.

Please review this page carefully before applying or signing an enrollment agreement.

BPPE APPROVAL SUMMARY

- Institution: International Holistic Life Sciences Institute, Inc., DBA International University of Life Sciences
- Institution Code: 20260722143
- Approval effective July 22, 2026; approval expiration date July 22, 2031, subject to continued compliance
- Approved program: Master of Science in Complementary and Integrative Health (online) (provisional)

STATE APPROVAL IS NOT ACCREDITATION

IULS is not institutionally accredited. BPPE approval authorizes the institution to operate in California; it is not accreditation, BPPE endorsement, professional licensure approval, or a guarantee of employment, salary, transferability, immigration benefits, or acceptance by another institution.

NOTICE TO PROSPECTIVE DEGREE PROGRAM STUDENTS

This institution is provisionally approved by the Bureau for Private Postsecondary Education to offer degree programs. To continue to offer this degree program, this institution must meet the following requirements:

- Become institutionally accredited by an accrediting agency recognized by the United States Department of Education, with the scope of the accreditation covering at least one degree program.
- Achieve accreditation candidacy or pre-accreditation, as defined in regulations, by July 22, 2028, and full accreditation by July 22, 2031.

If this institution stops pursuing accreditation, it must:

- Stop all enrollment in its degree programs, and
- Provide a teach-out to finish the educational program or provide a refund.

An institution that fails to comply with accreditation requirements by the required dates shall have its approval to offer degree programs automatically suspended.

Institutional Representative Initials: _____

Student Initials: _____

Date: _____

Date: _____

Program information and official documents

lifesci.education | support@lifesci.education | (909) 539-8260
 600 N Mountain Ave., Suite A106, Upland, CA 91786



Consult the current catalog and enrollment agreement for official admissions, charges, cancellation/refund terms, and consumer disclosures.